

## Keeping Ourselves and Others Safe

Othona has always been about **being in community with other people**. That’s still our guiding principle. But Covid-19 continues to pose a risk to health. So we hope you’ll understand that we ask you to cooperate in some simple precautions.

Please respond to the statements below, then sign and return this to the red tray in the hall. We already have your name, phone and email details on record; we hold and may share this data up to 21 days after your visit.

Statements	Yes	No
I confirm that I do not have Covid 19 symptoms. If members of my household aged 18 or under are staying with me at Othona West Dorset (OWD), I confirm that they do not have Covid 19 symptoms.		
I want to safeguard, as far as possible, the health and safety of myself, other visitors, volunteers, and the core staff. Therefore, I agree to comply with the mitigations in place at OWD while I’m here.		
I understand that, in accordance with current Government guidance, I should take personal responsibility to protect myself and others from transmission of the virus, e.g. by frequent handwashing.		
I agree that if I develop any COVID-19 symptoms during my stay at Othona, no matter how mild, I will take a Lateral Flow Test. If it is positive, I accept that I may be required to leave Othona and go home. If I have COVID-19 symptoms at Othona and am not willing to take an LFT, I may be asked to leave anyway, to safeguard the other visitors and the core team. I also agree to notify OWD of subsequent LFT or PCR test results, if I develop COVID-19 symptoms in the 10 days after leaving Othona.		

**Name:**

**Signature:**

**Date:**